## Chapter HFS 45 <br> APPENDIX A

## FIELD OFFICES OF THE DIVISION OF CHILDREN AND FAMILY SERVICES

The Department of Health and Family Services licenses day care centers through its 5 Division of Children and Family Services field offices. Below are addresses and phone numbers of the field offices and related counties:

## COUNTIES

## Northeastern Office

(Green Bay)
Suite 411
200 North Jefferson
Green Bay, WI 54301-5191
(414) 448-5312

Northern Office
(Rhinelander)
1853 N. Stevens Street
P. O. Box 697

Rhinelander, WI 54501-0697
(715) 365-2500

Southeastern Office
(Waukesha)
141 N.W. Barstow Street
Room 209
Waukesha, WI 53188-3789
(414) 521-5100

Southern Office
(Madison)
3601 Memorial Drive
Madison, WI 53704-1105
(608) 243-2400

Western Office
(Eau Claire)
Suite 3
312 S. Barstow Street
Eau Claire, WI 54701-3695
(715) 836-2174

Brown, Calumet, Door, Fond du Lac, Green Lake,
Kewaunee, Manitowoc, Marinette, Marquette,
Menominee, Oconto, Outagamie, Shawano,
Sheboygan, Waupaca, Waushara, Winnebago

Ashland, Bayfield, Florence, Forest, Iron, Langlade, Lincoln, Marathon, Oneida, Portage, Price, Sawyer, Taylor, Vilas, Wood

Jefferson, Kenosha, Milwaukee, Ozaukee, Racine, Walworth, Washington, Waukesha

Adams, Columbia, Crawford, Dane, Dodge, Grant, Green, lowa, Juneau, Lafayette, Richland, Rock, Sauk

Barron, Buffalo, Bumett, Chippewa, Clark, Douglas, Dunn, Eau Claire, Jackson, LaCrosse, Monroe, Pepin, Pierce, Polk, Rusk, St. Croix, Trempealeau, Vernon, Washburn

## Chapter HFS 45

## APPENDIX B

## CHILD CARE FOOD PROGRAM MINIMUM MEAL REQUIREMENTS

I. AGES 1-12
Age $1 \& 2 \quad$ Age 3, $4 \& 5 \quad$ Age 6 up to 12

## BREAKFAST

1. Milk
2. Juice ${ }^{\mathrm{a}}$ or fruit or vegetable
3. Bread or cereal or bread alternate ${ }^{\text {b }}$ Bread Cereal: Cold dry
$1 / 4$ cup or $1 / 3 \mathrm{oz}^{\mathrm{c}} \quad 1 / 3$ cup or $1 / 2 \mathrm{oz}$. $\quad 3 / 4$ cup or 1 oz .
$1 / 4$ cup $1 / 4$ cup $\quad 1 / 2$ cup

## LUNCH OR SUPPER

1. Milk
2. Meat or meat alternate: Meat, poultry, fish, cheese

| $1 / 2$ cup | $3 / 4$ cup | 1 cup |
| :--- | :--- | :--- |
| 1 oz. | $11 / 2$ cup | 2 oz. |
| 1 egg | 1 egg | 1 egg |
| $1 / 4$ cup | $3 / 8 \mathrm{cup}$ | $1 / 2 \mathrm{cup}$ |
| 2 Tbsp | 3 Tbsp | 4 Tbsp |
| $1 / 2$ oz. $=50 \% \mathrm{~d}$ | $3 / 4$ oz. $=50 \% \mathrm{~d}$ | 1 oz. $=50 \% \mathrm{~d}$ |
| $1 / 4$ cup | $1 / 2$ cup | $3 / 4$ cup |
| $1 / 2$ slice | $1 / 2$ slice | 1 slice | $1 / 2$ slice $\quad 1 / 2$ slice


| $1 / 2$ cup | $3 / 4$ cup | 1 cup |
| :--- | :--- | :--- |
| $1 / 4$ cup | $1 / 2$ cup | $1 / 2$ cup |
| $1 / 2$ slice | $1 / 2$ slice | 1 slice |
| $1 / 4 \operatorname{cup~or}^{1 / 3 ~ o z . ~}$ | $1 / 3$ cup or $1 / 2 \mathrm{oz}$. | $3 / 4$ cup or 1 oz. |
| $1 / 4 \operatorname{cup}^{1 / 4} \operatorname{cup}$ | $1 / 2$ cup |  |

3. Vegetable and/or fruit (at least two)

Egg
Cooked dry beans or peas
Peanut butter or other nat or seed butter
Peanuts or soynuts or tree nuts or seeds
4. Bread or bread alternate

## SNACK

Select two of the following four components:

| 1. Milk | $1 / 2 \mathrm{cup}$ | $1 / 2 \mathrm{cup}$ | 1 cup |
| :---: | :---: | :---: | :---: |
| 2. Juice ${ }^{\text {a }}$ or fruit or vegetable | 1/2 cup | $1 / 2$ cup | $3 / 4 \mathrm{cup}$ |
| 3. Bread or cereal or bread alternate: ${ }^{\text {b }}$ |  |  |  |
| Bread | $1 / 2$ slice | $1 / 2$ slice | 1 slice |
| Cereal: Cold dry | $1 / 4$ cup or $1 / 3 \mathrm{Oz}$. ${ }^{\text {c }}$ | $1 / 3$ cup or $1 / 2 \mathrm{Oz}$. | $3 / 4$ cup or 1 oz . |
| Hot cooked | 1/4 cup | $1 / 4 \mathrm{cup}$ | $1 / 2$ cup |
| 4. Meat or meat alternate: |  |  |  |
| Meat, poultry, fish, cheese | $1 / 2 \mathrm{oz}$. | $1 / 2 \mathrm{Oz}$. | 1 oz . |
| Egg | $1 / 2 \mathrm{egg}$ | $1 / 2 \mathrm{egg}$ | 1 egg |
| Cooked dry beans or peas | $1 / \mathrm{g}$ cup | $1 / 8$ cup | $1 / 4$ cup |
| Peanut butter or other nut or seed butter | 1 Tbsp | 1 Tbsp | 2 Tbsp |
| Peanuts or soynuts or tree nuts or seeds | $1 / 2 \mathrm{oz}$. | $1 / 2 \mathrm{oz}$. | 1 oz . |

${ }^{\text {a }}$ Shall be full strength fruit or vegetable juice.
${ }^{\mathrm{b}}$ Shall be whole grain or enriched.
${ }^{c}$ Either volume (cup) or weight (oz.), whichever is less.
dNo more than $50 \%$ of the requirement may be met with nuts or seeds. Nuts and seeds shall be combined with another meat/meat altemate to fulfill the requirement.

## APPENDIX B - Continued

## II. INFANT MEAL PATTERN REQUIREMENTS

The infant meal pattern shall contain, as a minimum, each of the following components in the amounts indicated for the specific age group.

| Birth Through 3 Months | 4 Through 7 Months | 8 Through 11 Months |
| :---: | :---: | :---: |
| BREAKFAST |  |  |
| 4-6 fl. oz. formula ${ }^{1}$ | $4-8 \mathrm{fl}$. oz, formula ${ }^{1}$ or breast milk 0-3 T, infant cereal ${ }^{2}$ (optional) | 6-8 fl. oz. formula ${ }^{1}$, breast milk, or whole milk 2-4 T, infant cereal ${ }^{2}$ <br> 1-4 T. fruit and/or vegetable |
| LUNCH OR SUPPER |  |  |
| 4-6 fl. oz. formula ${ }^{1}$ | 4-8 fl. oz. formula ${ }^{1}$ or breast milk 0-3 T. infant cereal ${ }^{2}$ (optional) <br> 0-3 T. fruit and/or vegetable (optional) | 6-8 fl. oz. formula ${ }^{1}$, breast milk or whole milk 2-4 T. infant cereal ${ }^{2}$ and/or <br> 1-4 T. meat, fish, poultry, egg yolk, or cooked dry beans or peas, or $1 / 2-2 \mathrm{oz}$. cheese or <br> 1-4 oz. cottage cheese, cheese food, or cheese spread <br> 1-4 T. fruit and/or vegetable |
| SNACK |  |  |
| 4-6 fl. oz. formula ${ }^{1}$ | 4-6 fl. oz. formula ${ }^{1}$ or breast milk | 2-4 fl. oz. formula ${ }^{1}$, breast milk, whole milk, or fruit juice ${ }^{3}$ <br> $0-1 / 2$ bread or <br> $0-2$ crackers (optional) ${ }^{4}$ |
| ${ }^{1}$ Shall be iron-fortified infant formula, |  |  |
| ${ }^{2}$ Shall be iron-fortified dry infant cereal. |  |  |
| ${ }^{3}$ Shall be full-strength fruit juice. |  |  |
| ${ }^{4}$ Shall be from whole-grain or enriched meal or flour. |  |  |
| For infants four through eleven months, breast milk provided by the infant's mother may be served in place of infant formula. Meals containing only breast milk do not qualify for reimbursement. However, meals containing breast milk may be claimed for reimbursement when the other required or optional meal components are supplied to the infant. |  |  |

