

## Chapter SPS 140

### AUTHORITY, PURPOSE AND DEFINITIONS

SPS 140.01 Authority.

SPS 140.02 Definitions.

**Note:** Chapter RL 140 was created as an emergency rule effective December 1, 1998. Chapter RL 140 was renumbered chapter SPS 140 under s. 13.92 (4) (b) 1., Stats., Register November 2011 No. 671.

**SPS 140.01 Authority.** The rules in chs. SPS 140 to 142 are adopted by the department pursuant to ss. 227.11 (2) and 440.03 (14) (am) and (d), Stats., to govern the registration of music, art and dance therapists and the issuance of licenses to practice psychotherapy to registrants.

**History:** Cr. Register, April, 1999, No. 520, eff. 5–1–99; CR 02–125: am. Register July 2003 No. 571, eff. 8–1–03; correction made under s. 13.92 (4) (b) 7., Stats., Register November 2011 No. 671.

**SPS 140.02 Definitions.** As used in chs. SPS 140 to 142, unless the context otherwise requires:

(1) “ADTR” means the Academy of Dance Therapists Registered, as well as a member of the Academy of Dance Therapists Registered.

(2) “ATR” means art therapist registered.

(3) “Art therapy” means the specialized, professional and psychotherapeutic use of art media, images, the creative art process, and client responses to the created art productions as reflections of an individual’s development, abilities, personality, interests, concerns, and conflicts. “Art therapy” is based on knowledge of human development and theories which are implemented in the full spectrum of models of assessment and treatment including educational, cognitive, transpersonal, and other therapeutic means of reconciling emotional conflicts, fostering self-awareness, developing social skills, managing behavior, solving problems, reducing anxiety, aiding reality orientation, and increasing self-esteem. Art therapists serve individuals, couples, families and groups. “Art therapy” may include the use of elements of other art forms.

(4) “ATR–BC” means art therapist registered–board certified.

(5) “DTR” means dance therapist registered.

(6) “Dance therapy” means the specialized, professional and psychotherapeutic use of movement and dance. This is a process

which furthers the emotional, cognitive, social and physical integration of the individual. It uses psychotherapeutic models for assessment and intervention and is practiced in a wide variety of settings. “Dance therapy” may be appropriate for groups and individuals of all ages and conditions of need. “Dance therapy” may include the use of elements of other art forms.

(7) “Department” means the department of safety and professional services.

(8) “License to practice psychotherapy” or “psychotherapy license” means a credential issued by the department to a registrant that authorizes the registrant to practice psychotherapy within the registrant’s competence, education, training and experience.

(9) “Licensee” means a person registered as a music therapist who is granted a license to practice psychotherapy (MTRL), a person registered as an art therapist who is granted a license to practice psychotherapy (ATRL), or a person registered as a dance therapist who is granted a license to practice psychotherapy (DTRL), as provided by s. 440.03 (14) (am), Stats.

(10) “Music therapy” means the specialized, professional, therapeutic use of music in the service to individuals with needs in mental health, physical health, habilitation, rehabilitation, special education, self-care or personal growth. The purpose of music therapy is to assist and empower individuals to attain or maintain their maximum level of functioning and highest quality of life. “Music therapy” may include the use of elements of other art forms.

(11) “Psychotherapy” has the meaning specified in s. 457.01 (8m), Stats.

(13) “Registrant” means a person who is granted a registration as a music therapist (WMTR), an art therapist (WATR), or a dance therapist (WDTR) by the department.

**History:** Cr. Register, April, 1999, No. 520, eff. 5–1–99; CR 02–125: renum. (1) to be (3), (2) to be (6), (3) to be (7) and (4) to be (10), renum. (5) to be (13) and am., cr. (1), (2), (4), (5), (8), (9) and (11), Register July 2003 No. 571, eff. 8–1–03; correction in (intro.), (7) made under s. 13.92 (4) (b) 6., 7., Stats., Register November 2011 No. 671.