



2015 SENATE JOINT RESOLUTION 10

February 3, 2015 – Introduced by Senators DARLING, SHILLING, BEWLEY, COWLES, ERPENBACH, GUDEx, HARRIS DODD, HARS DORF, C. LARSON, LASSA, MOULTON, NASS, OLSEN, RINGHAND, L. TAYLOR, VINEHOUT and WANGGAARD, cosponsored by Representatives LOUDENBECK, BALLWEG, BERCEAU, BERNIER, BILLINGS, E. BROOKS, R. BROOKS, CONSIDINE, CZAJA, GOYKE, HORLACHER, JOHNSON, KAHL, KERKMAN, KNODL, KOLSTE, KRUG, MEYERS, MURSAU, OHNSTAD, A. OTT, PETRYK, POPE, RODRIGUEZ, SARGENT, SINICKI, SPREITZER, SUBECK, THIESFELDT, TITTL, TRANEL, VANDERMEER, WACHS and ZAMARRIPA. Referred to Committee on Senate Organization.

1 **Relating to:** proclaiming Friday, February 6, 2015, to be National Wear Red Day in
2 recognition of heart disease awareness and prevention.

3 Whereas, heart disease is the number one killer of women, yet 80 percent of
4 cardiac events can be prevented; and

5 Whereas, cardiovascular diseases cause one in three women’s deaths each year,
6 killing approximately one woman every minute; and

7 Whereas, an estimated 44 million women in the United States are affected by
8 cardiovascular diseases; and

9 Whereas, 90 percent of women have one or more risk factors for developing
10 heart disease, yet only one in five American women believe that heart disease is her
11 greatest health threat; and

12 Whereas, women comprise only 24 percent of participants in all heart-related
13 studies; and

14 Whereas, since 1984, more women than men have died each year from heart
15 disease; and

1 Whereas, women are less likely to call “911” for themselves when experiencing
2 symptoms of a heart attack than they are if someone else were having a heart attack;
3 and

4 Whereas, only 43 percent of African American women and 44 percent of
5 Hispanic women know that heart disease is their greatest health risk, compared
6 with 60 percent of Caucasian women; and

7 Whereas, women involved with the American Heart Association’s Go Red for
8 Women movement live healthier lives—nearly 90 percent have made at least one
9 healthy behavior change; and

10 Whereas, Go Red For Women is asking all Americans to Go Red by wearing red
11 and speaking red:

12 • Get Your Numbers: ask your doctor to check your blood pressure and
13 cholesterol;

14 • Own Your Lifestyle: stop smoking, lose weight, exercise, and eat healthy;

15 • Raise Your Voice: advocate for more women-related research and education;

16 • Educate Your Family: make healthy food choices for you and your family.

17 Teach your kids the importance of staying active;

18 • Don’t be silent: tell every woman you know that heart disease is their number
19 one killer. Raise your voice at GoRedForWomen.org; now, therefore, be it

20 ***Resolved by the senate, the assembly concurring, That*** in recognition of
21 the importance of the ongoing fight against heart disease and stroke, the legislature
22 proclaims Friday, February 6, 2015, to be National Wear Red Day.

23

(END)