



2017 ASSEMBLY JOINT RESOLUTION 104

February 6, 2018 - Introduced by Representatives BALLWEG, BERCEAU, DUCHOW, JAGLER, KOLSTE, KRUG, MURSAU, PETERSEN, PETRYK, POPE, PRONSCHINSKE, ROHRKASTE, SHANKLAND, SINICKI, SKOWRONSKI, SPIROS, SPREITZER, SUBECK, THIESFELDT, TITTL, TUSLER, VANDERMEER, VRUWINK and ZEPNICK, cosponsored by Senators DARLING, SHILLING, BEWLEY, CARPENTER, COWLES, HANSEN, JOHNSON, PETROWSKI, RISSER, L. TAYLOR, TESTIN, VINEHOUT, VUKMIR and WIRCH. Referred to Committee on Rules.

1 **Relating to:** proclaiming February 2018 to be American Heart Month in Wisconsin.

2 Whereas, cardiovascular diseases are the number one killer of women in
3 Wisconsin and in the U.S.; and

4 Whereas, cardiovascular disease kills approximately one woman every hour in
5 Wisconsin and one woman almost every 80 seconds in the U.S.; and

6 Whereas, about 80 percent of cardiovascular diseases may be prevented; and

7 Whereas, some risk factors such as blood pressure, smoking, cholesterol, and
8 lack of regular physical activity can be controlled; and

9 Whereas, the American Heart Association's Go Red For Women movement
10 motivates women to learn their family history and to meet with a health care
11 provider to determine their risk for cardiovascular diseases and stroke; and

12 Whereas, Go Red For Women encourages women to take control of their heart
13 health by knowing the following five numbers that can be life changing:

- 14 1. Total Cholesterol
- 15 2. HDL (good) Cholesterol

