



2013 SENATE JOINT RESOLUTION 67

February 6, 2014 - Introduced by Senators DARLING, GUDEX, LAZICH, L. TAYLOR, SHILLING, VINEHOUT, C. LARSON, OLSEN, COWLES, HARSDORF and HARRIS, cosponsored by Representatives STRACHOTA, CZAJA, HEBL, SINICKI, THIESFELDT, MILROY, GOYKE, BIES, SHANKLAND, BALLWEG, BERCEAU, MARKLEIN, JORGENSEN, RIPP, KAHL, KOLSTE, KLEEFISCH, SPIROS, WILLIAMS, BEWLEY, PETRYK, TITTL, C. TAYLOR, PRIDEMORE, WRIGHT and MURTHA. Referred to Committee on Senate Organization.

1 **Relating to:** proclaiming Friday, February 7, 2014, to be National Wear Red Day in
2 recognition of heart disease awareness and prevention.

3 Whereas, heart disease is the number one killer of women, yet is often
4 preventable; and

5 Whereas, cardiovascular diseases cause one in three women's deaths each year,
6 killing approximately one woman every minute; and

7 Whereas, an estimated 43 million women in the United States are affected by
8 cardiovascular diseases; and

9 Whereas, heart disease kills more women than all forms of cancer combined,
10 but is often undiagnosed; and

11 Whereas, 90 percent of women have one or more risk factors for developing
12 heart disease, yet only one in five American women believe that heart disease is her
13 greatest health threat; and

14 Whereas, women comprise only 24 percent of participants in all heart-related
15 studies; and

1 Whereas, since 1984, more women than men have died each year from heart
2 disease and the gap between men’s and women’s survival continues to widen; and

3 Whereas, women are less likely to call “911” for themselves when experiencing
4 symptoms of a heart attack than they are if someone else were having a heart attack;
5 and

6 Whereas, the American Heart Association’s Go Red For Women movement has
7 been affecting the health of women for ten years and more than 627,000 women’s
8 lives have been saved and 330 fewer women are dying every day; and

9 Whereas, in celebration of the Tenth Birthday of National Wear Red Day on
10 February 7, 2014, Go Red For Women is asking all women across America to Go Red
11 by wearing red and speaking red:

- 12 • Get Your Numbers: ask your doctor to check your blood pressure and
13 cholesterol;
- 14 • Own Your Lifestyle: stop smoking, lose weight, exercise, and eat healthy;
- 15 • Realize Your Risk: women think it won’t happen, but heart disease is the cause
16 of one in three female deaths each year;
- 17 • Educate Your Family: make healthy food choices for you and your family;
18 teach your kids the importance of staying active;
- 19 • Don’t be silent: tell every woman you know that heart disease is their Number
20 One killer; raise your voice at GoRedForWomen.org; now, therefore, be it

21 ***Resolved by the senate, the assembly concurring, That*** in recognition of
22 the importance of the ongoing fight against heart disease and stroke, the legislature
23 proclaims Friday, February 7, 2014, to be National Wear Red Day.

24

(END)