



2019 ASSEMBLY RESOLUTION 8

October 3, 2019 - Introduced by Representatives TITTL, BALLWEG, CABRERA, CROWLEY, EMERSON, FELZKOWSKI, HEBL, JAGLER, JAMES, MILROY, MURPHY, SPREITZER, THIESFELDT, VANDERMEER, ZIMMERMAN, BROSTOFF and WITKE. Referred to Committee on Rules.

1 **Relating to:** recognizing October 10, 2019, as World Mental Health Day.

2 Whereas, World Mental Health Day is observed by the World Health
3 Organization on October 10; and

4 Whereas, the objective of this day is to raise awareness for people all around the
5 world who are affected by mental health issues; and

6 Whereas, one in five U.S. adults experiences mental illness each year and one
7 in six U.S. youth experiences a mental health disorder each year; and

8 Whereas, suicide is the second leading cause of death among people aged 10 to
9 34 and the tenth leading cause of death in the United States; and

10 Whereas, only 43 percent of U.S. adults with a mental illness received
11 treatment in 2018; and

12 Whereas, people with depression have a 40 percent higher risk of developing
13 cardiovascular and metabolic diseases than the general population, and caregivers
14 of adults with a mental health issue spend an average of 32 hours per week providing
15 unpaid care; and

