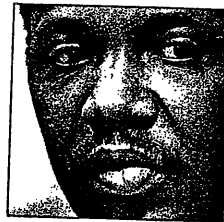
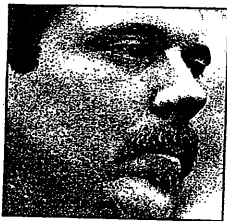




L I F E L I N E



A T H E R A P E U T I C C O M M U N I T Y



S U B S T A N C E A B U S E T R E A T M E N T P R O G R A M





"BEFORE BEING INCARCERATED, I HAD TURNED

DRUGS FOR A SOLUTION TO ALL THE PROBLEMS IN MY

LIFE. IN REALITY, MY IDEA OF A SOLUTION BECAME

MY BIGGEST PROBLEM. WITH LIFELINE TREATMENT, I

NOW REALIZE THAT I CAN'T DENY MY PROBLEMS, AND

I AM ULTIMATELY RESPONSIBLE FOR MY ACTIONS."

LIFELINE RESIDENT GREGORY

FACT: FROM 1980 TO 1992, THE DRUG WAR IN THIS COUNTRY INCREASED THE PRISON POPULATION FROM 329,000 TO 925,000.

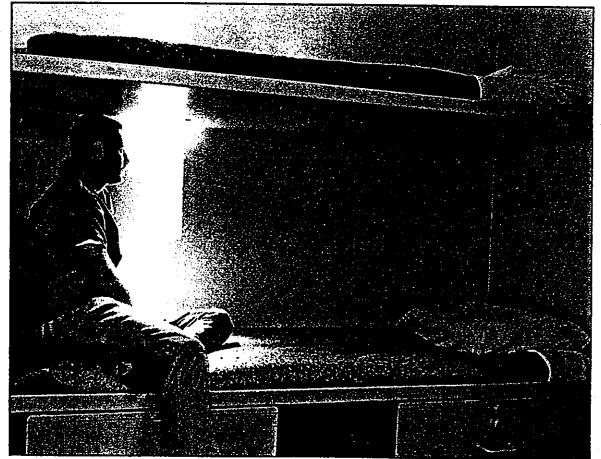
FACT: Nearly 70 percent of incarcerated individuals committed a crime directly or indirectly related to substance abuse.

FACT: In 25 years of studies, no evidence has been found that criminal justice sanctions alone, without treatment, have any effect on reducing drug use and crime.

FACT: For every \$1 invested in treatment programs, taxpayers enjoy a \$4 return in the reduction of drug- and crime-related costs.

Simply put, alcohol and drug abuse are directly or indirectly responsible for the majority of the criminal offenses in this country. That reality is costing society millions of dollars each year, as well as immeasurable amounts of pain and suffering through victimization and loss of life.

Corrections Corporation of America understands these facts and is strongly committed to being a part of the solution to the drug and crime problem. CCA believes that dedicating the right resources to treat criminal substance abusers will reduce recidivism rates and save taxpayer dollars.



“LIFELINE HAS SHOWN THAT IT CAN TAKE PEOPLE, GIVE THEM TREATMENT, AND GIVE THEM EDUCATION WITH REGARD TO THEIR DRUG PROBLEM. IT CAN PUT THEM BACK ON THE STREET, AND THEY CAN BE SUCCESSFUL WORKING CITIZENS.”

**DAVIDSON COUNTY, TENN.
CRIMINAL COURT JUDGE
SETH NORMAN**



"LIFELINE HAS TAUGHT ME TO CONTROL MY

THOUGHTS, LIKE WHEN A PROBLEM IN MY LIFE

OCCURS, AN IMMEDIATE POSITIVE SOLUTION IS

REQUIRED. I ACCEPT THE THINGS I CANNOT CHANGE.

LIFE IS 10 PERCENT OF WHAT HAPPENS TO ME AND 90

PERCENT OF HOW I REACT TO IT."

LIFELINE RESIDENT CHUCK

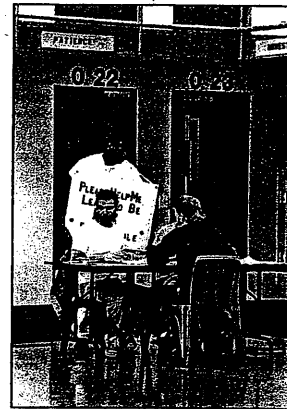
CCA HAS DEVELOPED
A SUBSTANCE ABUSE
TREATMENT PROGRAM
THAT IS SUCCESSFUL,
COST-EFFECTIVE AND
IDEAL FOR A CORREC-

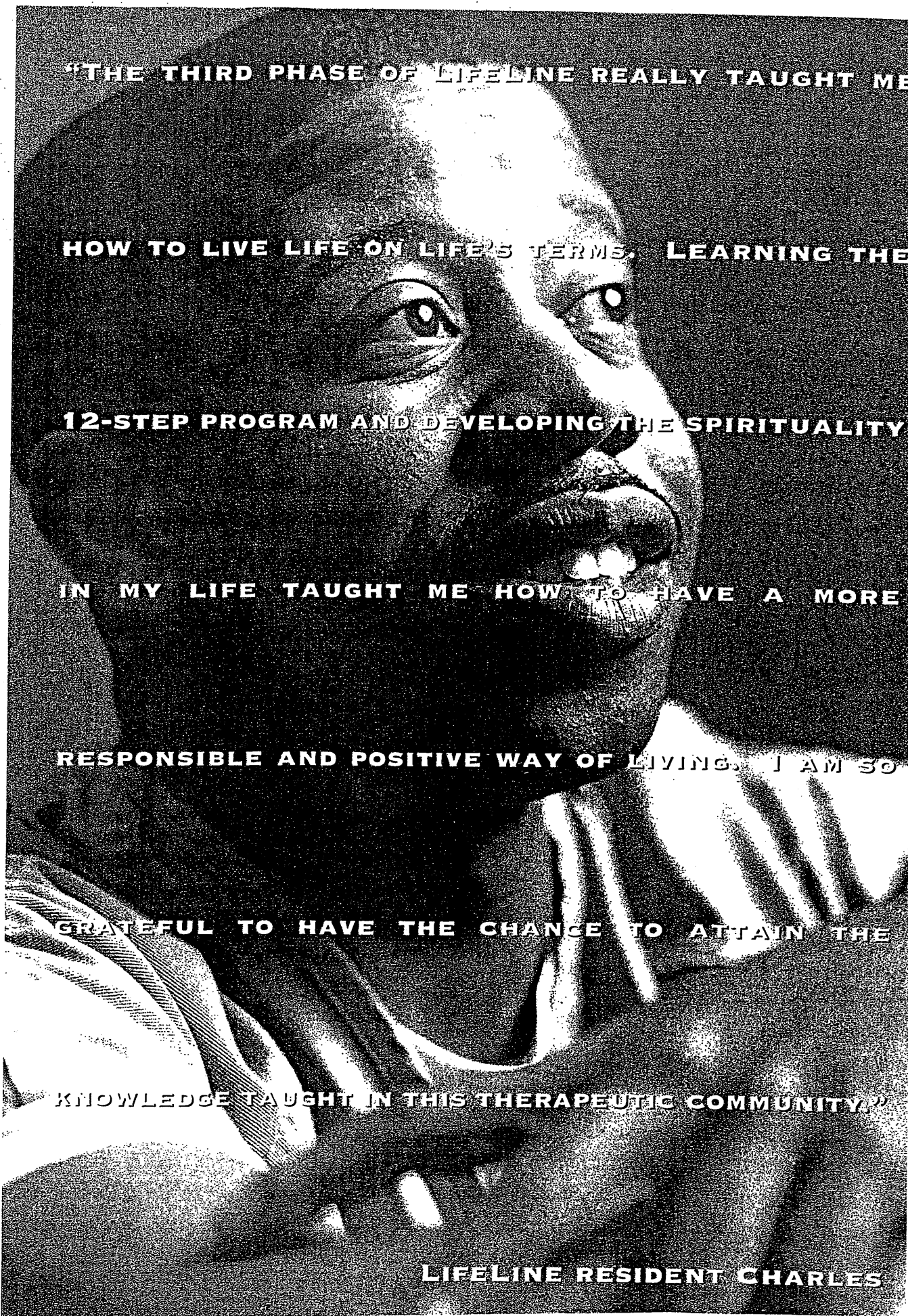
TIONAL SETTING. The program is called LifeLine, and it uses a long-term, therapeutic community approach to:

- eliminate drug addiction,
- change an individual's attitude, and
- modify a person's criminal behavior.

LifeLine is long-term treatment for long-term addiction. The comprehensive program lasts a minimum of six months because it takes that long to effectively deal with an addiction and to significantly change a person's attitude.

The program is an intensive and highly structured one. When someone joins LifeLine, he is housed with the other program participants in a special living unit at the CCA facility. The inmates live, learn, grow and receive treatment together.





"THE THIRD PHASE OF LIFELINE REALLY TAUGHT ME

HOW TO LIVE LIFE ON LIFE'S TERMS, LEARNING THE

12-STEP PROGRAM AND DEVELOPING THE SPIRITUALITY

IN MY LIFE TAUGHT ME HOW TO HAVE A MORE

RESPONSIBLE AND POSITIVE WAY OF LIVING. I AM SO

GRATEFUL TO HAVE THE CHANCE TO ATTAIN THE

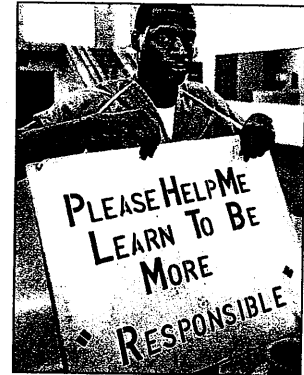
KNOWLEDGE TAUGHT IN THIS THERAPEUTIC COMMUNITY."

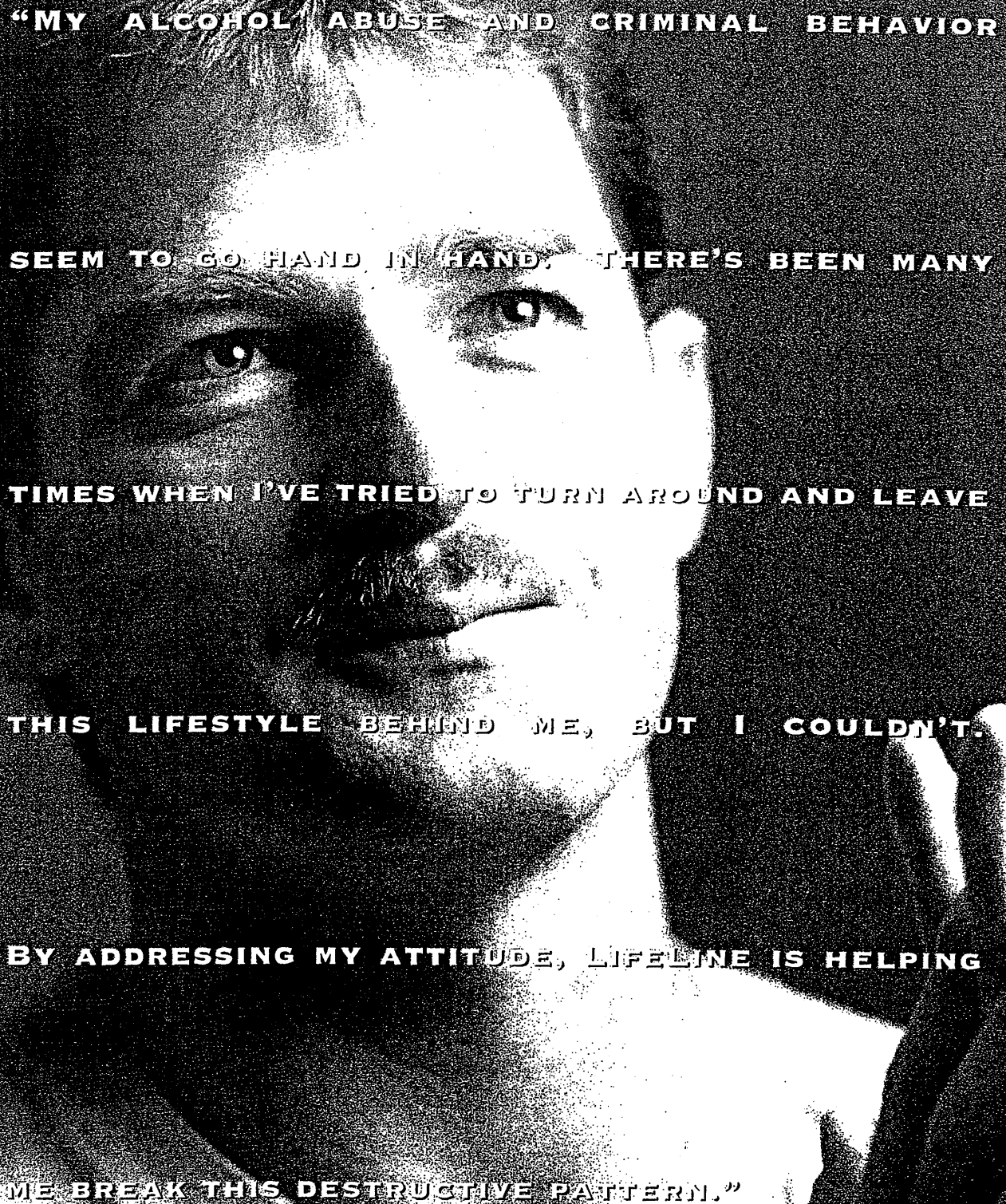
LIFELINE RESIDENT CHARLES

LIFELINE HAS THREE PHASES. INITIALLY, THE TREATMENT DEALS WITH THE INMATE'S ADDICTION, BUT MUCH MORE TIME IS SPENT ON CHANGING THAT PERSON'S ATTITUDE. Most inmates blame everyone but themselves for their criminal behavior. LifeLine doesn't accept excuses. Instead, responsibility, accountability and willingness to change are demanded.

In phase two, LifeLine teaches and trains inmates how to solve problems, set goals, develop morals and communicate, among other necessary skills. Treatment methods include confrontation sessions, in which residents are challenged by their fellow inmates for failure to deal honestly with themselves and their problems. For many, this may be their first experience in overcoming anger and developing discipline.

The third phase of LifeLine focuses on the 12-step program, which provides basic guidelines and rules for daily living. Upon successful completion of all three phases of the program, an inmate graduates from LifeLine.





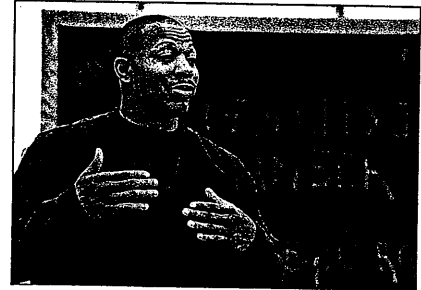
**"MY ALCOHOL ABUSE AND CRIMINAL BEHAVIOR
SEEM TO GO HAND IN HAND. THERE'S BEEN MANY
TIMES WHEN I'VE TRIED TO TURN AROUND AND LEAVE
THIS LIFESTYLE BEHIND ME, BUT I COULDN'T.
BY ADDRESSING MY ATTITUDE, LIFELINE IS HELPING
ME BREAK THIS DESTRUCTIVE PATTERN."**

LIFELINE RESIDENT EDDIE

LIFELINE GRADUATES
**REMAIN IN THE PROGRAM,
WORKING AS AIDES AND
TUTORS UNTIL THEY
ARE RELEASED FROM
INCARCERATION.** Upon an

inmate's release to society, CCA staff work with local social service agencies to provide after-care and follow-up treatment, which are crucial to the program's overall success rate.

The effectiveness of a therapeutic community treatment program like LifeLine is well proven. Studies show that therapeutic community graduates are much more likely to find employment after release and are less likely to become involved in drug use and criminal activity. Combined with CCA's other educational, vocational and work programs and services, LifeLine graduates have a much better chance to become productive members of society after their release.



LIFELINE THERAPEUTIC COMMUNITY PHILOSOPHY

We, the residents of LifeLine Therapeutic Community, having experienced a consuming hunger for a better way of life, unite as one with our brothers, knowing that it is through each other that we may gain the courage to accept the painful mistakes of our past and the wisdom to learn from these mistakes.

By sharing our strengths, our weaknesses, our experiences and our dreams, we can learn together how to find positive solutions to the everyday problems that arise in life.

We acknowledge that our present condition is a direct result of our past behavior and firmly believe that what we become tomorrow will be determined by what we do today.

We believe that there is no such thing as a free lunch and that we must work for what we hope to receive.

Our goal is to learn the necessary skills needed to live a positive life so that we may accept responsibility and return to society as productive citizens.

We are persistent in striving toward our goals, forever reaching out in eternal pursuit of a more successful way of living, free from the bonds of alcohol and drugs.

We are building for our future a firm foundation based upon the principles of faith, honesty, acceptance, responsibility, accountability and unconditional love.

We have come to realize that nothing in life is permanent except change and we dedicate ourselves to the task of learning to deal with change in a constructive manner.

Just as we came to a crossroad in our own lives and were provided with an opportunity to travel the right road to personal and spiritual freedom, we obligate ourselves to freely pass on to others what we have learned.

We further commit ourselves to being the type of men who will teach others by

example how to overcome the trials and
adversities of life without resorting to
alcohol, drugs or violence.

As we live our lives in the manner we
have adopted, we are confident that
Lifeline Therapeutic Community will
shine as a bright example, not only in
this institution, but throughout society.

And we, as residents of Lifeline, will for-
ever be a living testimony to the possibility
of positive change and a better way of life.

WRITTEN BY
THE RESIDENTS OF
LIFELINE
THERAPEUTIC
COMMUNITY
JUNE 1993

C

CA IS CONVINCED

**THAT ITS PROGRAM IS
NECESSARY AND EFFEC-**

TIVE. Through a treatment approach like LifeLine, the demand for drugs decreases, criminal behavior is reduced, and taxpayer dollars are saved. Judges and other criminal justice officials agree, as they increasingly require the program in sentencing. In addition, research shows that court-ordered referrals to therapeutic community programs have better success rates than voluntary participants.

A different attitude and lasting change are the true measurements of LifeLine. In the words of a LifeLine graduate who recently was released from prison, "I feel the program is the best thing that has happened to me in many years . . . LifeLine is going to keep me from living life my old way and keep me from returning to prison. Thank you for this program."

"LIFELINE REPRESENTS HOPE FOR THE FIRST TIME FOR MANY OF THESE RESIDENTS. THEY ARE GETTING THE OPPORTUNITY TO CHANGE, DEFINITE CHANGE THAT CAN BE LASTING CHANGE. THEY BEGIN TO DEVELOP A VALUE SYSTEM AND LEAVE HERE WITH A DIFFERENT ATTITUDE."

**CCA LIFELINE COORDINATOR
BOB KENNINGTON**