

2007 DRAFTING REQUEST

Assembly Resolution

Received: 04/09/2007

Received By: smiller

Wanted: Soon

Identical to LRB:

For: Terry Moulton (608) 266-9172

By/Representing: Matthew Seaholm

This file may be shown to any legislator: NO

Drafter: smiller

May Contact:

Addl. Drafters:

Subject: Memorials - miscellaneous

Extra Copies:

Submit via email: YES

Requester's email: Rep.Moulton@legis.wisconsin.gov

Carbon copy (CC:) to:

Pre Topic:

No specific pre topic given

Topic:

Start walking at work day

Instructions:

See Attached PDF file

Drafting History:

<u>Vers.</u>	<u>Drafted</u>	<u>Reviewed</u>	<u>Typed</u>	<u>Proofed</u>	<u>Submitted</u>	<u>Jacketed</u>	<u>Required</u>
/?	smiller 04/09/2007			_____			
/1		wjackson 04/09/2007	jfrantze 04/10/2007	_____	sbasford 04/10/2007	lparisi 04/11/2007	

FE Sent For: none

<END>

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/?	smiller	/1 Wlj 4/9	comd. mwn 4/9				
			4/10	4/10			

FE Sent For:

<END>

A. R.

2397/1

**WHEREAS**, each year 1.2 million Americans suffer a new and recurrent coronary attack, and cardiovascular disease is the nation's leading cause of death with direct and indirect costs estimated to be \$431.8 billion in 2007; and

**WHEREAS**, more physical activity can help improve these statistics; and

**WHEREAS**, adults may gain up to two hours of life expectancy for every one hour of vigorous exercise; and

**WHEREAS**, in addition to increased life expectancy, regular walking has many proven benefits for an individual's overall health. Brisk walking for 30 minutes a day can lower both bad cholesterol (LDL) levels and high blood pressure. It can also help individuals who are overweight achieve and maintain weight loss, and reduce their risk of stroke; and

**WHEREAS**, the Centers for Disease Control and Prevention estimate that physically active people save \$330 per year in direct medical expenditures; and

**WHEREAS**, studies indicate that one of the best investments a company can make is in the health of its employees. By promoting a culture of physical activity, corporate America can decrease healthcare costs, increase productivity, and improve the quality of life and longevity of the US workforce; and

**WHEREAS**, on Start! Walking At Work Day, April 25th, the American Heart Association's Start! movement calls on all employees to wear sneakers to work and Start! Walking At Work; and

**WHEREAS**, the purpose behind Start! Walking At Work Day is to get Americans to become more physically active by walking; *now therefore, be it*

*Resolved by The Assembly that*  
~~**NOW, THEREFORE**, I [insert name and title of elected official here], in recognition of the importance of regular physical activity, do hereby proclaim April 25, 2007~~ *is*

### "Start! Walking At Work Day"

*in* [insert your city, county, or state here] and urge all citizens to show their support for walking and the fight against heart disease and commemorate this day by walking at work. By increasing awareness of the importance of physical activity to reduce the risk for cardiovascular disease, we can save thousands of lives each year.

**IN TESTIMONY WHEREOF**, I have hereunto set my hand and caused to be affixed the Great Seal of the (your city, county, or state here) this \_\_\_\_\_ day of April 2007.

END

2397/1

**Miller, Steve**

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**From:** Seaholm, Matthew  
**Sent:** Monday, April 09, 2007 12:16 PM  
**To:** Miller, Steve  
**Subject:** RE: Moulton - Assembly Resolution

I believe so, the American Heart Association would like both the Senate and Assembly to take it up on Tuesday, April 24th. So instead of trying to pass a Joint Resolution in both houses on the same day, we figured each house would do their own resolution. Does that make sense, or should we still do a Joint Resolution.

Thanks,  
Matt

Matt Seaholm  
Office of Rep. Moulton  
6-9172

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**From:** Miller, Steve  
**Sent:** Monday, April 09, 2007 12:12 PM  
**To:** Seaholm, Matthew  
**Subject:** RE: Moulton - Assembly Resolution

I am the one to do this.  
Are you sure you want an AR and not an AJR?  
Thanks  
Steve Miller  
267-2175

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**From:** Seaholm, Matthew  
**Sent:** Monday, April 09, 2007 11:10 AM  
**To:** Miller, Steve  
**Subject:** Moulton - Assembly Resolution

Good morning Steve,

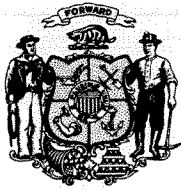
Rep. Moulton is looking to get the attached language put into an Assembly Resolution. Are you the guy to do it? If so, let me know if you have any questions.

Thanks,

*Matt*

Matt Seaholm  
Office of Rep. Terry Moulton  
Wisconsin's 68th Assembly District  
(608) 266-9172

<< File: Start Walking at Work Res.pdf >>



Wlj

## 2007 ASSEMBLY RESOLUTION

Today please

start! Walking at Work Day ☺

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Relating to: ~~???~~

Whereas, each year 1.2 million Americans suffer a new <sup>or</sup> ~~and~~ recurrent coronary attack, and cardiovascular disease is the nation's leading cause of death with direct and indirect costs estimated <sup>at</sup> ~~to be~~ \$431.8 billion in 2007; and

Whereas, more physical activity can help improve these statistics; and

Whereas, adults may gain up to two hours of life expectancy for every one hour of vigorous exercise; and

Whereas, in addition to increased life expectancy, regular walking has many proven benefits for an individual's overall health. Brisk walking for 30 minutes a day can lower both bad cholesterol (LDL) levels and high blood pressure. It can also help individuals who are overweight <sup>to</sup> achieve and maintain weight loss, <sup>to</sup> and reduce their risk of stroke; and

Whereas, the Centers for Disease Control and Prevention estimate that physically active people save \$330 per year in direct medical expenditures; and

1           Whereas, studies indicate that one of the best investments a company can make  
 2 is in the health of its employees. By promoting a culture of physical <sup>exercise activity</sup> corporate  
 3 America can decrease healthcare costs, increase productivity, and improve the  
 4 quality of life and longevity of the U.S. workforce; and

5           Whereas, on Start! Walking At Work Day, April 25<sup>th</sup>, the American Heart  
 6 Association's Start! movement calls on all employees to wear sneakers to work and  
 7 <sup>to</sup> Start! Walking At Work; and

8           Whereas, the purpose <sup>of</sup> behind Start! Walking At Work Day is to get Americans  
 9 to become more physically active by walking; now therefore, be it

10           **Resolved by the assembly, That** <sup>the members of the Wisconsin assembly declare</sup> April 25, 2007 is "Start! Walking At Work  
 11 Day" <sup>and</sup> <sup>to</sup> urge all citizens to show their support for walking and the fight against  
 12 heart disease and commemorate this day by walking at work. By increasing  
 13 awareness of the importance of physical activity to reduce the risk <sup>of</sup> for cardiovascular  
 14 disease, we can save thousands of lives each year.

(END)

**Duerst, Christina**

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**From:** Seaholm, Matthew  
**Sent:** Wednesday, April 11, 2007 12:38 PM  
**To:** LRB.Legal  
**Subject:** Draft Review: LRB 07-2397/1 Topic: Start walking at work day

Please Jacket LRB 07-2397/1 for the ASSEMBLY.