



2009 ASSEMBLY JOINT RESOLUTION 42

1 **Relating to:** recognizing April 8 as Wellness Day in Wisconsin.

2 Whereas, the governor of the state of Wisconsin and the National Wellness
3 Institute have joined forces to promote the importance of wellness; and

4 Whereas, Wisconsin is recognized as the birthplace of the Wellness Concept and
5 the Mecca of Wellness, and has disseminated that concept across the country and
6 around the world; and

7 Whereas, the federal Department of Health and Human Services sees the
8 vision of “Healthy People in Healthy Communities” as an achievable goal across the
9 country; and

10 Whereas, obesity, high blood pressure, high cholesterol, heart disease, tobacco
11 use and abuse, mental health disorders, personal injury and violence, unintended
12 pregnancies, and sexually transmitted diseases continue to escalate health
13 insurance costs; and can all be affected by individuals making healthy lifestyle
14 choices; and

