

## Chapter SPS 220

### APPENDIX A

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#### SUN-REACTIVE SKIN TYPES USED IN CLINICAL PRACTICES

Skin Type	Skin Reactions to Solar Radiation*
I	Always burns easily and severely (pain); tans little or none and peels
II	Usually burns easily and severely (painful burn); tans minimally or lightly, also peels
III	Burns moderately and tans about average
IV	Burns minimally, tans easily and above average with each exposure; exhibits IPD (immediate pigment darkening**) reaction
V	Rarely burns, tans easily and substantially; always exhibits IPD reaction
VI	Never burns and tans profusely; exhibits IPD reaction

**Note:** Categories are based on the Fitzpatrick Skin Type Scale.

\*Based on the first 45-60 minutes (equals 2-3 minimum erythema dose) exposure of the summer sun (early June) at sea level.

\*\*Immediate pigment darkening refers to the skin's response to sun exposure that occurs within the first few minutes to a few hours after exposure to sunlight.