## Chapter H 46

## TUBERCULOSIS

H 46.01 Tuberculosis—patient H 46.02 Tuberculosis—contacts H 46.03 Tuberculosis cases—environment

## H 46.01 Tuberculosis-patient

- (1) Placard-None
- (2) Restrictions
- (a) All individuals afflicted with tuberculosis of the lungs in the communicable form or reasonably suspected of being so afflicted shall exercise all reasonable precautions so as to prevent the infection of others with whom they may come in contact. The principal reasonable precautions are declared to be:
- 1. Depositing sputum in a special receptacle and disposing of material by burning or thorough disinfecting.
- 2. Preventing spraying when coughing by coughing into a container or paper napkin held to the mouth or nose.
- 3. Using individual eating utensils sterilized by boiling after each
  - 4. Using separate towels.
  - 5. Sleeping alone.
- 6. Avoiding coming in contact with other individuals on all possible occasions.
- 7. Refraining from handling liquids or foodstuffs to be consumed by others or the utensils connected with such handling.
- (b) Any individual afflicted with tuberculosis of the lungs in the communicable form, diagnosed as such by a licensed physician or as shown by X-ray or the presence of tubercle bacilli in the sputum, in order to protect others from becoming infected, may be isolated on his premises by the local board of health or the health officer on the direction of the state board of health or state health officer, or by the full-time medical health officer of any city or county with a population of 250,000 or more within his jurisdiction.
- (c) The local board of health or health officer may employ as many persons as are necessary to execute its orders and properly guard any patient in isolation if isolation is violated or intent to violate isolation is manifested. Such persons shall be sworn in as guards, shall have police powers, and may use all necessary means to enforce the state laws for the prevention and control of communicable diseases, or for the enforcement of these rules and regulations.
- (d) The expense of maintaining isolation including examinations and tests to determine the presence or communicability of the disease, and the enforcement of isolation on the premises shall be paid

Register, March, 1965, No. 111

by the city, incorporated village or town upon order of the local board of health. The expenses for necessary nurses, medical attention, food and other articles needed for the comfort of the afflicted person shall be charged against him or whoever is liable for his support. Indigent cases shall be cared for at public expense.

- (e) Any individual who has been isolated on the premises under provision of these rules shall be released from such isolation by the local board of health or health officer on direction of the state board of health or state health officer or by the full-time medical health officer of any city or county with a population of 250,000 or more within his jurisdiction when in the opinion of said health officer the isolation is no longer necessary to protect others from becoming infected.
- (f) No person with tuberculosis of the lung or other part of the respiratory tract in the communicable form, or reasonably believed to be suffering from such disease, shall be permitted to attend or frequent any school except open-air schools especially equipped for the purpose until the health officer of the municipality where the school is situated furnishes a written certificate stating that the individual is free from a communicable form of tuberculosis. Such certificate shall only be issued after thorough examination by a licensed physician in a manner satisfactory to the state board of health.
- (g) If an individual afflicted with tuberculosis in a communicable form shall leave the sanatorium against the advice of the medical superintendent or medical supervisor, such an individual shall be reported to the local board of health and may be isolated upon his premises as provided in subsection (2) (b) if in the opinion of the state board of health or the state health officer or of the full-time medical health officer of cities or counties with a population of 250,000 or more, agree that isolation is necessary in order to protect others from becoming infected.
- (h) The local health officer or an individual delegated by him shall visit all individuals isolated for tuberculosis at least once every 15 days to ascertain that the isolation is being maintained and to ascertain whether to make recommendations for release from isolation or for admission to a tuberculosis sanatorium.
- (i) Any individual isolated for tuberculosis may obtain release from such isolation by being admitted to a tuberculosis sanatorium.
- (j) Individuals afflicted with tuberculosis in any form and diagnosed as such by a competent physician shall exercise every care and precaution for the protection of others.
- (3) Reporting—By name to local health officer.

  History: 1-2-56; r. and recr. Register, September, 1959, No. 45, eff. 10-1-59; cr. (3), Register, September, 1960, No. 57, eff. 10-1-60.
  - H 46.02 Tuberculosis—contacts: No restrictions.

H 46.03 Tuberculosis cases—environment. Patients should be trained to cover their mouth and nose in coughing and sneezing. The use of disposable napkins should be encouraged; these should be collected in a paper bag lined with a waterproof material and the full bag disposed of by burning. Bed linen and other washable items soiled by sputum of the patients may be washed at home in hot water if they are washed separately from clothes of others in the household. If commer-

Register, March, 1965, No. 111

cial laundry is used, the soiled articles must be well wrapped and clearly labeled as "contaminated." Upon death or removal of a patient with tuberculosis from the premises, ordinary household cleaning is sufficient to make the premises available for others.

History: 1-2-56; r. and recr., Register, March, 1956, No. 111, eff. 4-1-65.

Note: It is the intent of these rules and regulations to give reasonable protection to the public from exposure to an individual afflicted with pulmonary tuberculosis in the communicable form.

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H 46.60 History: 1-2-56; r. Register, August, 1958, No. 32, eff. 9-1-58, H 46.61 History: 1-2-56; r. Register, August, 1958, No. 32, eff. 9-1-58, H 46.62 History: 1-2-56; r. Register, August, 1958, No. 32, eff. 9-1-58, H 46.63 History: 1-2-56; r. Register, August, 1958, No. 32, eff. 9-1-58, H 46.64 History: 1-2-56; r. Register, August, 1958, No. 32, eff. 9-1-58, H 46.65 History: 1-2-56; r. Register, August, 1958, No. 32, eff. 9-1-58, H 46.66 History: 1-2-56; r. Register, August, 1958, No. 32, eff. 9-1-58.
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