## Chapter RL 140 **AUTHORITY, INTENT AND DEFINITIONS**

RL 140.01 Authority and purpose. RL 140.02 Definitions.

Note: Chapter RL 140 was created as an emergency rule effective December 1, 1998.

RL 140.01 Authority and purpose. The rules in chs. RL 140 to 142 are adopted by the department pursuant to ss. 227.11 (2) and 440.03 (14) (d), Stats., to govern the registration of music, art and dance therapists.

History: Cr. Register, April, 1999, No. 520, eff. 5-1-99.

RL 140.02 Definitions. As used in chs. RL 140 to 142, unless the context otherwise requires:

(1) "Art therapy" means the specialized, professional and psychotherapeutic use of art media, images, the creative art process, and client responses to the created art productions as reflections of an individual's development, abilities, personality, interests, concerns, and conflicts. "Art therapy" is based on knowledge of human development and theories which are implemented in the full spectrum of models of assessment and treatment including educational, cognitive, transpersonal, and other therapeutic means of reconciling emotional conflicts, fostering self-awareness, developing social skills, managing behavior, solving problems, reducing anxiety, aiding reality orientation, and increasing self-esteem. Art therapists serve indi-

viduals, couples, families and groups. "Art therapy" may include the use of elements of other art forms.

(2) "Dance therapy" means the specialized, professional and psychotherapeutic use of movement and dance. This is a process which furthers the emotional, cognitive, social and physical integration of the individual. It uses psychotherapeutic models for assessment and intervention and is practiced in a wide variety of settings. "Dance therapy" may be appropriate for groups and individuals of all ages and conditions of need. "Dance therapy" may include the use of elements of other art forms.

(3) "Department" means the department of regulation and licensing.

(4) "Music therapy" means the specialized, professional, therapeutic use of music in the service to individuals with needs in mental health, physical health, habilitation, rehabilitation, special education, self-care or personal growth. The purpose of music therapy is to assist and empower individuals to attain or maintain their maximum level of functioning and highest quality of life. "Music therapy" may include the use of elements of other art forms.

(5) "Registrant" means a person who is granted a registration as a music, art or dance therapist by the department. History: Cr. Register, April, 1999, No. 520, eff. 5-1-99.