## 2015 SENATE JOINT RESOLUTION 81

January 15, 2016 - Introduced by Senators Darling, Shilling, Gudex, L. Taylor, Vinehout, C. Larson, Olsen, Cowles, Harsdorf, Harris Dodd, Carpenter, Petrowski, Bewley, Erpenbach, Lassa, Marklein, Risser, Miller, Wanggaard, Wirch, Tiffany, Stroebel, Hansen, Ringhand, Moulton and Lazich, cosponsored by Representatives Czaja, Hebl, Sinicki, Thiesfeldt, Milroy, Goyke, Shankland, Ballweg, Berceau, Jorgensen, Ripp, Kahl, Kolste, Kleefisch, Spiros, Petryk, Tittl, C. Taylor, Murtha, Tranel, Johnson, Danou, Subeck, Kerkman, Barnes, Billings, E. Brooks, Doyle, Edming, Hintz, Genrich, Jagler, Bernier, Kessler, Knodl, Knudson, Wachs, Barca, Kuglitsch, Spreitzer, Skowronski, Schraa, Sargent, Rodriguez, Riemer, Swearingen, Macco, Mason, VanderMeer, Krug, Vos, Ohnstad, Novak, Steffen, Meyers, Loudenbeck, Pope and Gannon. Referred to Committee on Senate Organization.

Relating to: proclaiming Friday, February 5, 2016, to be National Wear Red Day in recognition of heart disease awareness and prevention.

Whereas, heart disease is the number one killer of women, yet 80 percent of cardiac events can be prevented; and

Whereas, cardiovascular diseases cause one in three women's deaths each year, killing approximately one woman every minute; and

Whereas, an estimated 43 million women in the United States are affected by cardiovascular diseases; and

Whereas, 90 percent of women have one or more risk factors for developing heart disease, yet only one in five American women believe that heart disease is her greatest health threat; and

Whereas, women comprise only 24 percent of participants in all heart-related studies; and

Whereas, since 1984, more women than men have died each year from heart disease; and

Whereas, women are less likely to call " 911 " for themselves when experiencing symptoms of a heart attack than they are if someone else were having a heart attack; and

Whereas, heart disease is the leading cause of death for African American women and causes the same number of deaths in Hispanic women as cancer; and

Whereas, women involved with the American Heart Association's Go Red for Women movement live healthier lives-nearly 90 percent have made at least one healthy behavior change; and

Whereas, Go Red For Women is asking all Americans to Go Red by wearing red and speaking red:

- Get Your Numbers: ask your doctor to check your blood pressure and cholesterol;
- Own Your Lifestyle: stop smoking, lose weight, exercise, and eat healthy;
- Raise Your Voice: advocate for more women-related research and education;
- Educate Your Family: make healthy food choices for you and your family. Teach your kids the importance of staying active;
- Don't be silent: tell every woman you know that heart disease is their number one killer. Raise your voice at GoRedForWomen.org; now, therefore, be it

Resolved by the senate, the assembly concurring, That in recognition of the importance of the ongoing fight against heart disease and stroke, the legislature proclaims Friday, February 5, 2016, to be National Wear Red Day.
(END)

