

State of Misconsin 2015 - 2016 LEGISLATURE

## **2015 SENATE JOINT RESOLUTION 81**

	<ul> <li>January 15, 2016 - Introduced by Senators DARLING, SHILLING, GUDEX, L. TAYLOR, VINEHOUT, C. LARSON, OLSEN, COWLES, HARSDORF, HARRIS DODD, CARPENTER, PETROWSKI, BEWLEY, ERPENBACH, LASSA, MARKLEIN, RISSER, MILLER, WANGGAARD, WIRCH, TIFFANY, STROEBEL, HANSEN, RINGHAND, MOULTON and LAZICH, cosponsored by Representatives CZAJA, HEBL, SINICKI, THIESFELDT, MILROY, GOYKE, SHANKLAND, BALLWEG, BERCEAU, JORGENSEN, RIPP, KAHL, KOLSTE, KLEEFISCH, SPIROS, PETRYK, TITTL, C. TAYLOR, MURTHA, TRANEL, JOHNSON, DANOU, SUBECK, KERKMAN, BARNES, BILLINGS, E. BROOKS, DOYLE, EDMING, HINTZ, GENRICH, JAGLER, BERNIER, KESSLER, KNODL, KNUDSON, WACHS, BARCA, KUGLITSCH, SPREITZER, SKOWRONSKI, SCHRAA, SARGENT, RODRIGUEZ, RIEMER, SWEARINGEN, MACCO, MASON, VANDERMEER, KRUG, VOS, OHNSTAD, NOVAK, STEFFEN, MEYERS, LOUDENBECK, POPE and GANNON. Referred to Committee on Senate Organization.</li> </ul>
1	Relating to: proclaiming Friday, February 5, 2016, to be National Wear Red Day in
2	recognition of heart disease awareness and prevention.
3	Whereas, heart disease is the number one killer of women, yet 80 percent of
4	cardiac events can be prevented; and
5	Whereas, cardiovascular diseases cause one in three women's deaths each year,
6	killing approximately one woman every minute; and
7	Whereas, an estimated 43 million women in the United States are affected by
8	cardiovascular diseases; and
9	Whereas, 90 percent of women have one or more risk factors for developing
10	heart disease, yet only one in five American women believe that heart disease is her
11	greatest health threat; and
12	Whereas, women comprise only 24 percent of participants in all heart-related
13	studies; and
14	Whereas, since 1984, more women than men have died each year from heart
15	disease; and

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1	Whereas, women are less likely to call "911" for themselves when experiencing
<b>2</b>	symptoms of a heart attack than they are if someone else were having a heart attack;
3	and
4	Whereas, heart disease is the leading cause of death for African American
5	women and causes the same number of deaths in Hispanic women as cancer; and
6	Whereas, women involved with the American Heart Association's Go Red for
7	Women movement live healthier lives—nearly 90 percent have made at least one
8	healthy behavior change; and
9	Whereas, Go Red For Women is asking all Americans to Go Red by wearing red
10	and speaking red:
11	• Get Your Numbers: ask your doctor to check your blood pressure and
12	cholesterol;
13	• Own Your Lifestyle: stop smoking, lose weight, exercise, and eat healthy;
14	• Raise Your Voice: advocate for more women-related research and education;
15	• Educate Your Family: make healthy food choices for you and your family.
16	Teach your kids the importance of staying active;
17	• Don't be silent: tell every woman you know that heart disease is their number
18	one killer. Raise your voice at GoRedForWomen.org; now, therefore, be it
19	<b>Resolved by the senate, the assembly concurring, That</b> in recognition of
20	the importance of the ongoing fight against heart disease and stroke, the legislature
21	proclaims Friday, February 5, 2016, to be National Wear Red Day.
22	(END)