



# JOURNEY MENTAL HEALTH CENTER

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# Agency Introduction

- Journey Mental Health Center offers a variety of different services (outpatient therapy, case management and Emergency Services Unit/Dane County Crisis).
- Emergency Services Unit
  - *24/7 crisis and support line, mobile crisis response, assessing for need of an emergency detention, involuntary hospital monitoring, and monitoring Ch. 51 commitments*

# Talking Points

What other options can Crisis Pursue

Requests for an Emergency Detention

Criteria to Pursue an Emergency Detention

Steps to Pursuing an Emergency Detention

Hospitalization Monitoring and Discharge Planning

Case Example

Recommendations

# What Other Options Can Crisis Pursue

- Pursuing an emergency detention is the most restrictive option and crisis looks to pursue the least restrictive option
- Prior to considering an emergency detention crisis can:
  - *Check-in calls*
  - *Home Visits/Coming to the crisis unit*
  - *Assessment at school*
  - *Connecting with their outpatient treatment team*
  - *Respite Care*
  - *Safety Planning*
  - *Voluntary Hospitalization*

# Requests for an Emergency Detention

- Emergency Telephone Staff and Mobile Crisis staff field calls from everyone: consumers, loved ones, case managers, treatment providers, hospitals, law enforcement, concerned community members
  - Any community member or treatment provider can request that an emergency detention assessment be completed
  - In 2024 Dane County received 81 emergency detention requests for youth
    - *55 separate individuals*
    - *79 of these requests resulted in an emergency detention*
- \*\*Dane County Crisis does not capture data for all individuals we divert hospitalization for\*\**

# Criteria to Pursue an Emergency Detention

## ■ Four Standards of Dangerousness:

- Recent acts, attempts, or threats of suicide or serious bodily harm to self.
- Recent acts, attempts, or threats of serious bodily harm to others, or violent behavior which places others in reasonable fear of serious physical harm.
- A pattern of recent acts or omissions which evidences impaired judgment causing the individual to be an inadvertent danger to self.
- Mental illness causes the individual to be so gravely disabled that he/she is unable to satisfy life's basic needs for nourishment, medical care, shelter, or safety.

# Steps to Pursuing an Emergency Detention

- Assessment is completed by a mobile crisis worker
- If it is determined an emergency detention will be pursued it is a decision equally made by both mobile crisis worker and law enforcement
- Law enforcement will complete the emergency detention form and mobile crisis workers complete referrals to the hospitals
  - *Insurance driven*
- Hospitalization is monitored and discharge planning occurs

# Hospitalization Monitoring and Discharge Planning

- Youth are assigned a social worker and provider while inpatient
- Dane County Crisis checks in daily to see clinical presentation/progression and to discuss discharge planning
- Discharge Planning Options:
  - *Return home (legal guardians, foster care)*
  - *Youth Shelter or Juvenile Reception Center*
  - *Residential Treatment*
    - Waitlists
- Outpatient Treatment
  - *Waitlists*
- Legal Agreement
  - *Challenges*



# Case Example

- Youth who has been involved in crisis services since they were 10 years old and are currently 16
- Mental health diagnosis include: oppositional defiant disorder, intermittent explosive disorder, antisocial antisocial personality features. Additional diagnoses have included cyclothymic disorder, ADHD, bipolar, intellectual developmental disorder and fetal alcohol syndrome.
- 15 involuntarily hospitalizations to Winnebago Mental Health Institute that Dane County authorized
  - *Does not account for hospital diversions, voluntary hospitalizations, involuntary hospitalizations completed by another county*

# Case Example Cont.

- Connected to a variety of treatment providers and services
- Currently in foster placement where they are the only youth in the home
  - *Not appropriate level placement*
- 86 placement options have been explored (in-state and out of state) and all have declined
- Current treatment options available for this youth have been explored – there is not an appropriate placement available, and the result is continued hospitalization which is not beneficial to them

# Recommendations

- Allow mobile crisis staff to have the final say in pursuing an emergency detention
  - *Trained mental health professionals*
- More Youth Crisis Stabilization Centers
- If youth are placed under a Ch. 51 commitment, they should receive the level of care suggested by the providers
  - *Waitlists*
  - *Insurance*